

Clinical–Counselling Psychology Expert Workshop Series

Welcome to the **most comprehensive clinical psychology training program of 2025-2026**. This transformative series delivers **45 Expert Workshops** totaling **90 Hours** of Live Online training that will revolutionize your clinical practice and career trajectory. Each 2-hour session is meticulously crafted to provide you with career-defining expertise that typically takes years to develop.

This isn't just another certification program—it's a complete professional transformation designed by leading practitioners to give you an unparalleled competitive edge in the field of clinical and counselling psychology.



The Ultimate Professional Investment

45

Expert Workshops

Comprehensive coverage of every essential clinical and counselling modality, assessment technique, and professional skill required for excellence

90

Training Hours

Intensive, hands-on learning with practical exercises, roleplays, and case studies that develop real-world clinical competence

5

Specialized Blocks

Strategically organized curriculum covering Clinical Expertise, Therapy in Action, Applied Assessments, Expressive Approaches, and Professional Growth

This workshop series represents the [single most valuable investment](#) you can make in your clinical career. Each session builds upon the last, creating a comprehensive skill set that positions you as an elite practitioner capable of addressing the full spectrum of client needs with confidence and expertise.

Unlike fragmented training programs that leave critical gaps in your knowledge, this series ensures mastery across all domains of clinical and counselling psychology practice.

Block 1: Clinical Expertise Mastery



The foundation of exceptional clinical practice begins with our [Clinical Expertise block](#)—10 intensive workshops that develop core therapeutic competencies essential for any serious practitioner:

- **CBT Mastery** - Advanced cognitive restructuring techniques and behavioral experiments that produce rapid client breakthroughs
- **REBT & ABCDE Model** - Sophisticated disputation strategies that transform self-defeating beliefs
- **Case Formulation** - Biopsychosocial approaches with real client vignettes that sharpen diagnostic precision
- **Treatment Planning** - Evidence-based protocols for depression, anxiety, and trauma that ensure clinical success
- **Trauma-Informed Counselling** - Recognition of trauma responses with grounding & safety strategies

Additional workshops cover **Suicide Risk & Crisis Intervention**, **DSM-5 & ICD-11 in Practice**, **Psychometric Testing**, **Counselling Micro-Skills Mastery**, and **Behavioral Activation Protocols**—providing a comprehensive foundation that elevates your clinical effectiveness to exceptional levels.

Block 2: Therapy in Action

Exposure Therapy & Phobia Interventions

Master the art of designing exposure hierarchies and implementing graded exposure protocols that systematically dismantle even the most entrenched phobic responses.

Gestalt & Narrative Approaches

Learn powerful empty-chair techniques, identity re-authoring, and externalization strategies that create profound emotional shifts and narrative transformation.

Solution-Focused & Motivational Methods

Develop expertise in the miracle question, scaling techniques, resource mapping, and rolling with resistance to build client readiness for change.

Third-Wave Approaches (DBT, ACT, MBCT)

Integrate mindfulness with cognitive restructuring, emotion regulation, distress tolerance, values clarification, and defusion practices for comprehensive treatment.

This action-oriented block transforms theoretical knowledge into practical therapeutic skill. Through intensive demonstration, practice, and feedback, you'll develop fluency across multiple therapeutic modalities that allows you to flexibly respond to diverse client needs and presentations.

Additional workshops cover **Hypnotherapy Essentials** and **Relaxation & Stress Reduction** techniques, completing your therapeutic toolkit with specialized interventions that address the full spectrum of psychological challenges.

Block 3: Applied Assessments & Tools

Exceptional assessment skills form the backbone of effective clinical work. This specialized block provides comprehensive training in the most valuable assessment approaches and documentation methods:

- **Personality Assessment Applications** - Big Five, MBTI, and clinical strengths mapping that reveals core client patterns
- **Projective Techniques Mastery** - Rorschach, TAT, CAT & interpretation fundamentals for accessing unconscious material
- **Child & Adolescent Assessment** - Play-based, developmental & behavioral checklists for comprehensive youth evaluation
- **Family Therapy Genograms** - Mapping relational patterns & implementing systemic interventions
- **Cognitive Assessment Skills** - Memory, attention, and executive functioning tools for comprehensive evaluation
- **Behavioural Observation & Coding** - Structured observation and case coding methods for objective assessment
- **Psychoeducation & Toolkit Design** - Creating professional handouts, client guides, and self-help materials
- **Therapy Documentation Mastery** - SOAP, DAP, progress notes, and ethical record-keeping
- **Case Portfolio Development** - Writing reflective & publishable case work that showcases your expertise
- **Viva & Role Play Simulations** - Assessment, client management & evaluation techniques

Block 4: Expressive & Alternative Approaches

Expand your therapeutic repertoire with powerful expressive and alternative modalities that access healing through non-verbal and creative channels. This innovative block introduces techniques rarely taught in traditional programs:

Art & Visual Therapies

Mandalas, symbolism, client project exercises, and sand tray therapy with miniatures and projection analysis

Performance-Based Approaches

Music therapy with rhythm and lyrics, drama therapy with role play and scene work, and storytelling with myths and archetypes

Somatic & Embodied Methods

Movement therapy, body-based trauma release, grounding techniques, and expressive approaches to trauma narratives



These workshops also cover **Play Therapy for Children**, **Expressive Arts Integration**, and **Dream Analysis & Jungian Archetypes**, providing you with unique intervention strategies that dramatically expand your therapeutic effectiveness with clients who respond poorly to traditional talk therapy approaches.

Block 5: Professional & Career Growth



Applied Counselling Ethics

Master the nuances of boundaries, dual roles, and cultural competence that protect both you and your clients while enhancing therapeutic effectiveness



Client Intake & History Taking

Develop sophisticated diagnostic funnels and clinical interviewing techniques that quickly identify core issues and treatment directions



Private Practice Essentials

Learn the business fundamentals of pricing, contracts, policies, and digital systems that create a thriving and sustainable practice



Supervision & Career Pathways

Maximize professional development through reflective practice, advanced supervision models, and strategic career planning

This final block addresses the critical professional skills that determine long-term career success. While clinical expertise is essential, these business, ethical, and career management competencies often make the difference between struggling practitioners and those who achieve significant professional recognition and financial success.

The [Career Pathways in Psychology](#) workshop provides invaluable guidance on CV-building, specialization mapping, and securing competitive internships and positions that launch exceptional careers.

Comprehensive Workshop Schedule

Our meticulously planned schedule ensures consistent skill development with convenient weekend timing. All sessions run from **7:00 PM - 9:00 PM**, allowing you to maintain professional commitments while advancing your expertise.

Block 1: Clinical Expertise

- Workshop 1-2: Oct 4-5, 2025
- Workshop 3-4: Oct 11-12, 2025
- Workshop 5-6: Oct 18-19, 2025
- Workshop 7-8: Oct 25-26, 2025
- Workshop 9-10: Nov 1-2, 2025

Block 2: Therapy in Action

- Workshop 11-12: Nov 8-9, 2025
- Workshop 13-14: Nov 15-16, 2025
- Workshop 15-16: Nov 22-23, 2025
- Workshop 17-18: Nov 29-30, 2025
- Workshop 19-20: Dec 6-7, 2025

Block 3: Applied Assessments

- Workshop 21-22: Dec 13-14, 2025
- Workshop 23-24: Dec 20-21, 2025
- Workshop 25-26: Dec 27-28, 2025
- Workshop 27-28: Jan 3-4, 2026
- Workshop 29-30: Jan 10-11, 2026

Block 4 & 5: Expressive & Professional

- Workshop 31-36: Jan 17-Feb 1, 2026
- Workshop 37-40: Feb 7-15, 2026
- Workshop 41-45: Feb 21-Mar 7, 2026

This strategic scheduling creates an optimal learning progression where each workshop builds upon previous sessions, creating a comprehensive skill development journey that transforms your clinical capabilities over 5 months of intensive training.

Unparalleled Program Benefits

45 Individual Certificates

One certificate for every expert workshop you attend—CV gold that demonstrates specialized expertise across multiple domains of practice. These credentials immediately distinguish you from other professionals.

Comprehensive Resource Library

45 Complete Sets of professionally designed PPTs/Notes for every workshop, creating your personal resource library of clinical tools, techniques, and protocols that support your practice for years to come.

Performance Documentation

Receive a personalized Letter of Recommendation (LOR) and detailed Performance Letter signed by faculty, documenting your specific strengths, skills, and workshop participation—invaluable for job applications and academic admissions.

Portfolio & Supervised Practice

Develop a professional portfolio with case notes, worksheets, and skill evidence you can showcase in interviews, plus gain supervised practice exposure through role-plays, mock therapy tasks, and skill demonstrations.

The Career-Defining Opportunity of 2025-2026

This [Clinical–Counselling Psychology Expert Workshop Series](#) represents a once-in-a-career opportunity to gain comprehensive mastery across the full spectrum of clinical and counselling psychology practice. The breadth and depth of training offered is simply unmatched in the field:

- **90 Hours of Expert Training** with practical exercises, roleplays, and case studies
- **Career-Boosting Skills** covering Clinical, Counselling, Expressive, and Professional practice domains
- **Networking & Community Access** to learn alongside peers, exchange insights, and build professional contacts

Professionals who complete this series emerge with exceptional clinical capabilities, professional confidence, and career opportunities that set them apart in an increasingly competitive field.

"This comprehensive workshop series delivers what would typically require multiple certifications, years of supervised practice, and countless hours of self-study—all in a strategically designed 5-month program that transforms clinical capabilities and career trajectories."

Don't miss this opportunity to join the elite ranks of exceptionally trained clinical-counselling psychologists. The skills, credentials, and professional network you'll develop through this program will continue to yield benefits throughout your entire career.

Secure your place in the most valuable professional development program of 2025-2026.